

PLATT BRIDGE COMMUNITY SCHOOL | OCT 2021 NEWSLETTER

PROMOTES | BELIEF | CREATES | SÚCCESS

# **Executive Headteacher's End of Term Message**

Dear Parents and Carers,

The team at Platt Bridge Community School team wish our community a relaxing October Half Term holiday. It has been lovely this term to welcome children back to school and return to some level of normality.

During visits to lessons it has been wonderful to listen to the children talking about their learning. We look forward to hearing about the books children have read at home during the October holiday.

Children at Platt Bridge are always eager to talk and share with me the book they were reading and how this linked to other subjects they have been learning about.

Parents and Carers can learn more about what our pupils have been learning in school by reviewing our schools Curriculum offer page on our website by clicking here

School closes on Friday 22<sup>nd</sup> October 2021 for the October half term and reopens at 8:55am (or 7:30am for breakfast club) on Monday 1<sup>st</sup> November 2021.

To contact a member from our Safeguarding, Special Educational Needs or Inclusion team during the closure period please click here.

Save the dates -1) School annual Christmas Lunch & Jumper Day Fri  $10^{th}$  Dec  $2021 \mid 2$ ) Children in Need 2021 Fri  $19^{th}$  Nov 2021 dress up or down to school... We are inviting children to wear an item of clothing that is yellow or spotty to mark Children in Need Day 2021. More details to follow.

Best wishes,

# Sue Darbyshire

Chief Executive Officer | National Leader of Education | Executive Headteacher



# Creep safe this Halloween! | Safe4Autumn Campaign



We want everyone to have fun and enjoy the festivities over Halloween and bonfire night.

However, not everyone wants to take part and Halloween can leave some people feeling anxious. We have created posters which can be downloaded to display in your home if you do not want trick or treaters at your door.

Local officers will be working in their local communities to tackle and reduce anti-social behaviour.

If you see this poster in someone's window, please, respect their wishes and move on to the next house.





THANK YOU FOR YOUR COOPERATION



## The Firework Code

- 1. Adults should only buy fireworks over the counter from respected stores.
- 2. Only an adult should handle and light fireworks.
- 3. Fireworks should be kept in a closed box away from sparks.
- 4. An adult should read and follow the instructions for lighting fireworks carefully.
- 5. Fireworks are lit at arm's length.
- 6. Always stand well back (8m is best).
- 7. Never go back to a lit firework.
- 8. Never put fireworks in your pocket.
- 9. Never throw fireworks.
- 10. Remember to light only one sparkler at a time.



Our Halloween Enrichment activities were amazing, the children had a lovely time doing their activities with their friends and family.

Thank you to everyone who attended.



**REMINDER** – Parents of Year 6 pupils please remember the deadline to submit your child's secondary school application form is **31**st **October 2021.** 

If you need any assistance, please do not hesitate to contact our school office.



# [Polite reminder] Up to date Contact Information

As there may be occasions when the school needs to contact parents or carers during the school day, it is vital that you inform school immediately if there are any changes to emergency contact details or home telephone/mobile numbers.

Please kindly keep school updated of any change via email to <a href="mailto:enquiries@plattbridge.cfat.org.uk">enquiries@plattbridge.cfat.org.uk</a>

So that your record is and can be kept up to date.



# **Reception Intake 2022**

If your child will turn four between 1<sup>st</sup> September 2021 and 31<sup>st</sup> August 2022, he or she will start reception class at the start of the new school year in September 2022. The online application process has now opened.

You can find information regarding admission to primary schools on the Wigan Council website under "admissions". If you need any further information, please ask at our reception desk.



Our school also has Nursery places for children aged 2-4.

If your child turns three before 31st December 2021, please contact us if you would like to put your child's name down

Or visit the school's website for more information <a href="https://www.plattbridge.wigan.sch.uk/parents/reception-intake">https://www.plattbridge.wigan.sch.uk/parents/reception-intake</a>



### **SCHOOL SNACK & SWIMMING**

Please check your ParentPay account and pay any remaining snack, swimming, school meal and breakfast and after school charges before the 31st October 2021.

If you would like to change your child's snack order or make a new order please contact the school office on 01942 487999 or email finance@cfat.org.uk.

Snack and refreshments will continue to be provided throughout the day for ALL children in Nursery and Reception.



Although all children in Reception and KS1 are entitled to a free school meal under the Universal Free School Meal Grant, if you are entitled to benefits, you must still register in order for the school to receive Pupil Premium Funding. We would be grateful if you could do this immediately and if you need any help, we are happy to support you with this process. The school uses this pupil premium funding to fund various activities and resources for your child throughout the year. If you need any assistance regarding this or have any questions, please call in at the Main Reception Desk to speak to us.

# **Getting Ready for Trips and Residentials**

We are delighted to be re-starting trips and enrichment opportunities and part of our school COVID-19 recovery plan has been to restore planning for trips, visitors and residential opportunities for our pupils.

We have the following upcoming events:

Y5 Residential Adventure Activity Trip to Culmington Manor, Shropshire – 10-12 Nov 2021

Y4 Residential York Trip – 1-2 Feb 2022



# Platt Bridge Community School Foodbank

As you are aware we operate a discrete foodbank for any member of our community who needs help. If you need help with a food parcel, please speak to one of our pastoral staff who will be more than pleased to help you.

# Bonfire Night Meal Day - FRIDAY 5th NOVEMBER 2021

We will be holding a Bonfire Night themed school lunch on Friday 5<sup>th</sup> November. All pupils are invited to join in and order a school lunch on this day, even if they would normally bring a packed lunch. Menu details have been posted on ClassDojo and meals can be ordered and paid for (if appropriate) on your child's ParentPay account.

# Halloween Activities for Children

You needn't be stuck for ideas to keep the children entertained....

Try our Halloween Wordsearch and Spot the Difference.

#### Halloween Word Search S B H X B S H Н 0 X H B N S R F 0 В G S S X G T E E X A G B M M Y K S A B S P B H M D M T P R T Q G A E G E S H S S B E C R X E X В B U Н BOO CANDY COSTUMES GAMES GHOSTS GOBLIN MASK HALLOWEEN MUMMY PARTY **PUMPKINS** SKELETON SPOOKY TRICK TREAT WITCH

www.thetypicalmom.com

# FIND 5 DIFFERENCES











### **Halloween Mindfulness Colouring**

Mindfulness means slowing down and taking a breath to pause and really notice what you are doing and collecting your thoughts together. It will take your full concentration to really be mindful, you have to relax and take your time with a certain task, whether that's just taking a few seconds to control your breath. Being mindful means doing the opposite of multi-tasking or rushing, it's all about focusing on one thing at a time and feeling calm and collected whilst doing it.

To become mindful, it's important to remember that it will take a lot of practice to become better each time. This is because mindfulness involves training the mind, which can't be done overnight. The more your practice, the better you get.

A great way to practise mindfulness is to complete a number of exercises, which can help when you're stressed, have something difficult to do or when you have to focus your attention. Eventually, after practising mindfulness regularly, it will become natural in your everyday life.







# Useful contacts and online resources

Here's a list of signposted providers that can offer counselling, coaching and other support that may help improve your overall wellbeing. For more details <a href="https://www.plattbridge.wigan.sch.uk/parents/support-services-for-pupils-and-families">https://www.plattbridge.wigan.sch.uk/parents/support-services-for-pupils-and-families</a>

# **Stress & Anxiety**

Mind www.mind.org.uk

Childline www.childline.org.uk

The Stress Management Society www.stress.org.uk

The Big White Wall Support Network www.bigwhitewall.com

NHS www.nhs.uk/conditions/stress-anxiety-depression

Mental Health Matters www.mentalhealthmatters.com

24 hour helpline 0800 1070160

# Work / Life Balance

NHS Live Well – Work Place Health www.nhs.uk/livewell/workplacehealth

Mental Health Foundation www.mentalhealth.org.uk/a-to-z/w/work-life-balance

Cycle Scheme www.cyclescheme.co.uk

# **Your Body**

NHS One Your Campaign www.nhs.uk/oneyou

British Heart Foundation www.bhf.org.uk

## **Exercise**

NHS Live Well – Get Started <a href="https://www.nhs.uk/livewell/getting-started-guides">www.nhs.uk/livewell/getting-started-guides</a>

The Girl Can – Sport England www.thegirlcan.co.uk

Living Streets www.livingstreets.org.uk

Swimming ASA www.swimming.org/asa

Chartered Society of Physiotherapy <u>www.csp.org.uk/your-health/excerise-advice-all-ages-fitness</u>

### **Home Life**

Relate www.relate.org.uk

Samaritans www.samaritians.org

Notational Domestic Abuse Helpline 0808 2000 247

Barnardo's www.barnardos.org.uk

Childline www.childline.org.uk 08001111

# **Smoking**

NHS Live Well www.nhs.uk/livewell/smoking

NHS Smokefree www.smokefree.nhs.uk

Worried about a child? <a href="https://www.wigan.gov.uk/Resident/Health-Social-Care/Children-and-young-people/Child-protection/Child-protection.aspx">https://www.wigan.gov.uk/Resident/Health-Social-Care/Children-and-young-people/Child-protection/Child-protection.aspx</a>

